



How to collect properly a sputum sample

WHY?

- Diagnose TB
- Monitor ongoing therapy
- Confirm cure achieved

WHEN?

- Before starting therapy, at least 2
- Before discharging patient, at least 1

HOW?

- Spot
- In the early morning
- In the open air
- Not eating before
- Deep cough, not saliva
- After counselling



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Strategies to control hospital infections and tuberculosis in Consolata Hospital Ikonda in Tanzania: training courses for a good clinical practice

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