



Wash your hands. Save a life

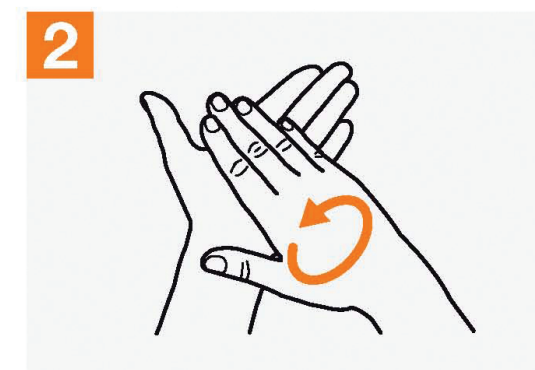
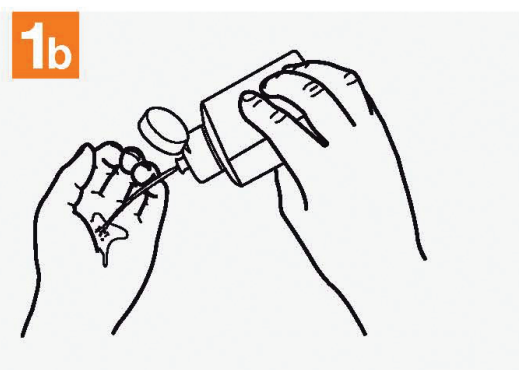
How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

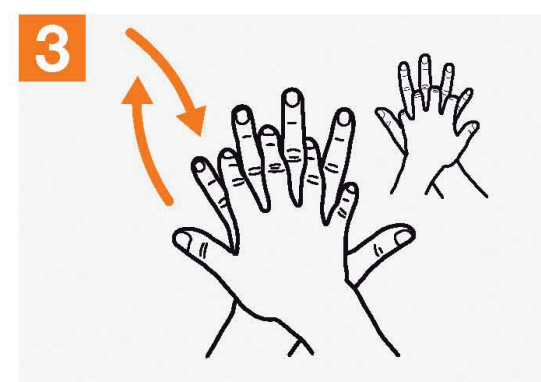
Duration of the entire procedure: 20-30 seconds



Apply a palmful of the product in a cupped hand, covering all surfaces;



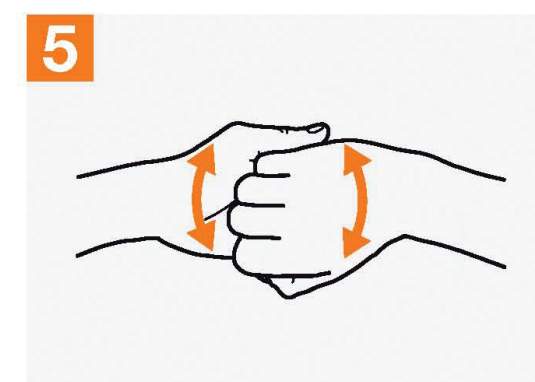
Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



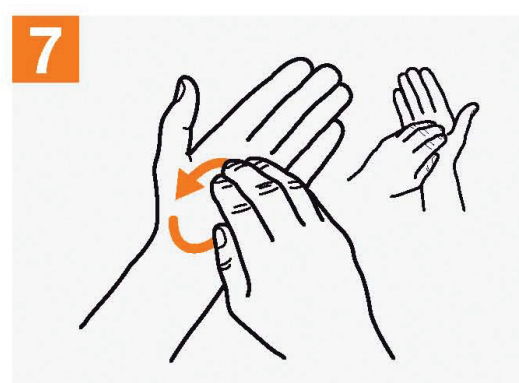
Palm to palm with fingers interlaced;



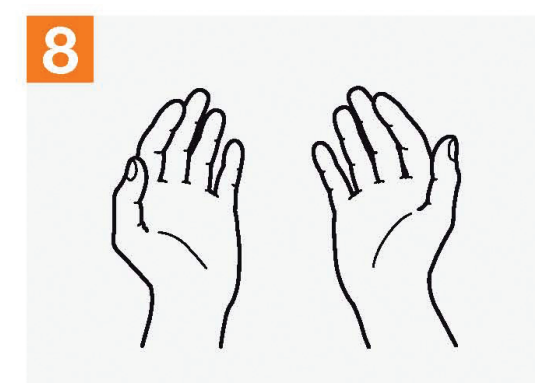
Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Once dry, your hands are safe.



**World Health
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Patient Safety

A World Alliance for Safer Health Care

**SAVE LIVES
Clean Your Hands**

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Project "Strategies to control hospital infections and tuberculosis in Consolata Hospital Ikonda in Tanzania: training courses for a good clinical practice"

Contacts in Italy

University Centre for International Solidarity
Università Cattolica del Sacro Cuore
Largo A. Gemelli, 1 - 20123 Milano (Italy)
Tel. +39 02 7234 5218
cesi@unicatt.it

Contacts in Tanzania

Consolata Hospital Ikonda
P.O. Box 700 Njombe (Tanzania)
Tel. +255 (0)752 411611- +255 (0)784 682296
administration@ikondahospital.org



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