



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

Centro Studi e ricerche Regolazione naturale della fertilità - Isi  
Centro ricerca e studi salute procreativa  
Centro Pastorale



# THE "BILLINGS REVOLUTION" 70 YEARS LATER: from fertility knowledge to personalized medicine

INTERNATIONAL CONGRESS WOOMB  
CATHOLIC UNIVERSITY OF THE SACRED HEARTH

**ROME, 28<sup>th</sup> - 29<sup>th</sup> APRIL 2023**

Centro Congressi Europa - Università Cattolica del Sacro Cuore, Largo Francesco Vito 1

## Friday, 28<sup>th</sup> April 2023

9.00

### Opening of the Congress

Maria Luisa DI PIETRO, Università Cattolica del Sacro Cuore, Italy  
Bernadette DAVIES, WOOMB International, Australia

### Greeting address

On. EUGENIA ROCCELLA, Minister for the Family, Birth Rate and Equal Opportunities, Italy

### Introductory interventions

His Exc. Mons. Claudio GIULIODORI  
Ecclesiastical General Assistant, Università Cattolica del Sacro Cuore, Italy  
His Exc. Mons. Claudio CELLI  
President of Istituto Scientifico Internazionale (ISI), Università Cattolica del Sacro Cuore, Italy  
Prof. Massimo ANTONELLI  
Director of Centro di Ateneo per la Vita, Università Cattolica del Sacro Cuore, Italy  
Prof. Antonio GASBARRINI  
Dean of the Faculty of Medicine and Surgery, Università Cattolica S. Cuore, Italy  
Prof. Giovanni SCAMBIA  
Scientific Director of IRCCS - Fondazione Policlinico Universitario A. Gemelli, Italy

## SESSION I

### A revolution for science: history and development of research

**Moderator** Nicoletta DI SIMONE, Italy

10.00

*The "Billings Revolution" 70 years later: an insight that changed history*  
**John Billings Memorial Lecture**  
Paola PELLICANÒ, Italy

*Preconceptional health in Italy: knowledge, behavior and needs of women of childbearing age*

Maria Luisa DI PIETRO - Drieda ZAÇE, Italy

*Later and less and less: the woman's age as a risk factor for fertility*

Antonio LANZONE - Rosanna APA, Italy

11.30

Break

12.00

*The "continuum" of ovarian activity: hormonal profiles in James Brown's studies*

Gillian BARKER, Australia

*Cervical mucus, key to fertility: originality and charm of Erik Odeblad's discoveries*

Micaela MENARGUEZ, Spain

## SESSION II

### A revolution for reprocreative health: diagnosis and prevention

**Moderator** Ornella PAROLINI, Italy

15.00

*Cervical mucus and the Billings Ovulation Method: need for a re-evaluation in the era of personalized medicine*

Rita BONFIGLIO - Valeria VERSACE - Annamaria MEROLA, Italy

*Billings Ovulation Method and reproductive health: building the health awareness*

Marija CURLIN, Croatia

*Clinical impact of the Billings Ovulation Method: Italian experience*

Aurora SAPOROSI - Elena GIACCHI, Italy

16.30

Break

17.00

*Maternal microbiota and impact on fertility and pregnancy outcomes*

Gianluca IANIRO, Italy

*Fertility preservation: knowledge and attitudes of women with oncological pathology*

Giovanni SCAMBIA, Italy

*Male fertility: between pathology, environment and lifestyles*

Alfredo PONTECORVI - Domenico MILARDI, Italy

## Saturday 29<sup>th</sup> April 2023

### SESSION III

#### A revolution for culture: anthropology, education, politics

**Moderator** Gabriella GAMBINO, Italy

9.00

*Fecundity, fertility, openness to life: intercultural and interreligious debate. Panel discussion on experiences of promotion and teaching of Natural Fertility Regulation in different contexts: Coptic of Egypt of various Rites, Islam, Protestant Church, Catholic Latin Rite and Lebanese Maronite Rite, Eastern culture and China*  
**Introduction** Don Marco VIANELLI, Italy

#### Interventions of:

Mounir FARAG - Marie Claire FARAG, Egypt

Heinz HEURZELER - Ann HEURZELER, Switzerland

Agata KOWALSKA - Sami AL BITAR NEHME, Poland - Lebanon

Marie MARSHALL, Australia

10.30

Break

11.00

*At the heart of human sexuality: the anthropological horizon of the Natural Regulation of Fertility*

S. E. Mons. Claudio GIULIODORI, Italy

*Conjugal love and the gift of life: educating in beauty and truth*

Luis JENSEN - Pilar ESCUDERO, Chile

12.00

*A Country without children is a country without a future. Dialogue between:*

On. Alfredo MANTOVANO, Italy

Antonella SCIARRONE ALIBRANDI, Italy

Stefano ZAMAGNI, Italy

**Moderator** Maria Luisa DI PIETRO, Italy

15.00

### SESSION IV

#### The "Billings Revolution" around the World

**Presidents** Bernadette DAVIES e Gillian BARKER, WOOMB International, Australia

**Moderator** Alicia PASTOR, Billings Europe, Spain

**Interventions of Representatives of Centres for the Billings Ovulation Method, WOOMB International Affiliates, of different Continents**

18.00 - 20.00

**The gift of Love and the gift of Life: harmonies of beauty, in art and beyond art**  
*Evening of representations and testimonies*

#### Scientific Committee

C. GIULIODORI, M. L. DI PIETRO, P. PELLICANÒ, M. ANTONELLI, G. BARKER



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With the Contribution of:

